

通告

致： 各機構會員

由： 業務總監

黃健偉 

事由： 圓桌研討會：從跨境生活品質開拓跨境養老新視野 – 機遇與挑戰

日期： 2026年3月2日

在香港人口老化持續加劇、長者照顧成本高昂的背景下，如何兼顧需要「密切照料的體弱長者」，以及「追求優質生活的活躍長者」，已成為社會極需正視的課題。跨境養老作為一種新興選項，雖仍處於探索階段，但其潛在機遇與挑戰值得深入研究與討論。

為回應此一趨勢，香港社會服務聯會（社聯）誠邀貴機構參與 **圓桌研討會：從跨境生活品質開拓跨境養老新視野 – 機遇與挑戰**。

本研討會將聚焦以下重點：

- 檢視影響長者及家庭考慮於粵港澳大灣區（GBA）退休及接受照顧的關鍵因素。
- 探討推動長者跨境養老的「推拉力」，以及其面臨的制度、文化與服務上的障礙。
- 分析實際案例，呈現長者在跨境生活中的感受、挑戰與機遇。
- 促使業界同工反思並重構跨境養老策略，推動可持續發展。

論壇將邀請本地及海外專家、跨境養老機構運營者分享研究成果與實務經驗，從多角度啟發討論，促進跨界交流並建立合作網絡。

我們誠摯期待貴機構的參與，共同探索具包容性與可持續性的跨境養老方案，攜手回應人口老化帶來的深遠挑戰。

活動詳情

日期：2026年4月10日（星期五）

時間：下午3時至5時

地點：康泰會展商務中心（香港金鐘道95號統一中心5樓）

對象：50位社福界機構同工

講者（暫定）：

- Professor Elaine Lynn-Ee Ho，新加坡國立大學
- 馮明穗女士博士，亞太老年學研究中心（APIAS），嶺南大學
- 徐欣先生，祈福醫療集團有限公司，安老及復康顧問
- 陳繼民先生，泰康香港子公司籌備組首席管道官

如有意報名出席上述活動，敬請於3月31日或之前填妥[網上報名表格](#)。如有查詢，歡迎電郵至 cd@hkcss.org.hk 與本會聯絡。

**此研討會獲社會福利署資助舉辦*

Memorandum

To: All Agency Member
From: Anthony Wong 
Business Director
Re: Roundtable Seminar: Expanding Horizons for Cross-border Elderly Care through Quality of Life: Opportunities and Challenges
Date: 2 March 2026

Against the backdrop of Hong Kong's accelerating population ageing and the high cost of elderly care, how to meet the needs of both frail older persons who require close and intensive care and active older persons who pursue a high quality of life has become an issue that society must address with urgency. As an emerging option, cross-border retirement and elderly care is still at an exploratory stage, yet its potential opportunities and challenges merit in-depth research and discussion.

In response to this trend, the Hong Kong Council of Social Service (HKCSS) cordially invites your agency to participate in the **Roundtable Seminar: Expanding Horizons for Cross-border Elderly Care through Quality of Life: Opportunities and Challenges**.

This seminar will focus on the following key areas:

- Reviewing the key factors influencing older persons and their families when considering retirement and care in the Guangdong–Hong Kong–Macao Greater Bay Area (GBA).
- Exploring the “push and pull” forces that drive cross-border retirement and care, as well as the institutional, cultural, and service-related barriers involved.
- Analysing real-life cases to illustrate older persons' experiences, challenges, and opportunities in cross-border living.
- Encouraging practitioners to reflect on and restructure cross-border retirement and elderly care strategies to support sustainable development.

The forum will feature local and overseas experts, as well as operators of cross-border elderly care services, who will share research findings and practical experience. Through multi-perspective discussions, the seminar aims to facilitate cross-sector exchange and build collaborative networks.

We sincerely look forward to your agency's participation as we work together to explore inclusive and sustainable cross-border retirement and elderly care solutions and respond collectively to the far-reaching challenges brought about by population ageing.

Event details

- Date: 10 April 2026 (Friday)
- Time: 3:00–5:00 pm
- Venue: Hong Thai Expo and Business Centre (5/F, United Centre, 95 Queensway, Admiralty, Hong Kong)
- Target participants: 50 practitioners from the social welfare sector

Speakers (tentative):

- Professor Ho Lynn-Ee Elaine, National University of Singapore,
- Dr. Florence Fong Meng-Soi, PMP®, Asia Pacific Institute of Ageing Studies (APIAS), Lingnan University
- Mr. Jackie Tsui, Elderly Care and Rehabilitation Consultant, Clifford Medical Group Limited
- Mr. Eric Chan, Chief Channel Officer of Taikang Hong Kong Subsidiary Preparation Team

Interested parties please complete the [online registration form](#) **on or before 31 March**. For enquiries, please contact us at cd@hkcss.org.hk.

**This seminar is funded by the Social Welfare Department.*