

通告

致：各機構會員

由：業務總監 黃健偉 

事由：誠邀參加業界交流會 — 「及早識別、及時介入：社區精神健康危機預防與支援人士精神健康安全網」

日期：2026年9月16日

根據香港精神健康調查及相關統計，香港每約六至七人當中，便有一人經歷常見心理疾病(Common Mental Disorders, CMD)，例如抑鬱症及焦慮症，顯示市民的精神健康需求殷切。過往社區曾出現一些精神復元人士因缺乏及時支援而引致自毀或傷人等危機事件，反映加強社區精神健康支援網絡及建立長遠預防機制刻不容緩。

本交流會旨在凝聚社福業界、前線團隊及跨界伙伴，從「預防及早期介入」角度共同探討社區支援策略。重點包括：

- 深化醫社合作：探討醫院管理局精神科與精神健康綜合社區中心(ICCMW)之間的轉介、個案跟進與協作機制，提升對社區復元人士的跟進效能。
- 拓展社區守門人網絡：有見不少社區危機發生於住所、屋邨及商場等場域，探討如何加強前線物業管理從業員的心理健康急救與識別訓練，並與過渡性房屋／簡約公屋社工隊及僱員支援服務(EAP)等不同單位建立雙向的合作力量，建構更全面的社區支援安全網。



香港社會服務聯會
The Hong Kong Council of Social Service

贊助人
香港特別行政區行政長官 李家超先生
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PATRON
The Hon John KC LEE, GBM, SBS, PDSM, PMSM
The Chief Executive of the HKSAR

行政總裁
陳文宜議員

CHIEF EXECUTIVE
The Hon Grace CHAN Man-ye

交流會詳情如下：

日期： 2026 年 10 月 21 日(星期三)

時間： 下午2時30分至4時30分

地點： 立法會綜合大樓會議室(待定)

對象： 精神健康綜合社區中心(ICCMW) 主管及同工、過渡性房屋及簡約公屋社工支援隊代表、僱員支援服務(EAP) 專業人員、物業管理業界代表

名額： 50人 (如報名超過此名額，將優先分配名額予單位首名報名同工)

語言： 粵語

如 閣下對是次活動有興趣，請於活動截止報名日期或之前於[網上報名](https://www.hkcss.org.hk)。如有任何查詢，請與本會政策研究及倡議聯絡（電郵：sd@hkcss.org.hk）。

期待各機構踴躍參與。謝謝！

附件

交流會流程

Memorandum

To: All Agency Members
From: Anthony WONG 
Business Director
Re: **Invitation to participate in Sharing Session: Early Identification,
Timely Intervention- Preventing Community Mental Health Crisis and
Building a Mental Health Supportive Safety Net**
Date: 16th Sept, 2026

According to the Hong Kong Mental Health Survey and related statistics, approximately one in every six to seven people in Hong Kong experiences a Common Mental Disorder (CMD), such as depression and anxiety, indicating an urgent need for mental health support among citizens. In the past, there have been critical incidents in the community where persons in mental recovery committed self-harm or caused harm to others due to a lack of timely support. This highlights the pressing urgency to strengthen the community mental health support network and establish long-term preventive mechanisms.

This sharing session aims to bring together the social service sector, frontline teams, and cross-sector partners to jointly explore community support strategies from the perspective of "Prevention and Early Intervention." Key focus areas include:

- Deepening Medical-Social Collaboration: Exploring referral, case follow-up, and collaboration mechanisms between the Hospital Authority's Psychiatric Department and Integrated Community Centres for Mental Wellness (ICCMWs) to enhance the effectiveness of follow-up care for recovering persons in the community.
- Expanding the Community Gatekeeper Network: Given that many community crises occur in residential areas, housing estates, and shopping malls, we will

discuss how to strengthen Mental Health First Aid and identification training for frontline property management practitioners. Additionally, we will explore establishing two-way collaborative networks with various units—such as social work teams in Transitional Housing/Light Public Housing and Employee Assistance Programs (EAPs)—to construct a more comprehensive community support safety net.

Details of the sharing session are as follows:

Date	21st October, 2026 (Wednesday)
Time	2:30 pm – 4:30 pm
Venue	Legislative Council Complex Conference Room (to-be-confirmed)
Participants	Supervisors and Staff of Integrated Community Centres for Mental Wellness (ICCMW) 、Representatives of social work support team for Transitional Housing and Light Public Housing, Employee Assistance Program (EAP) Professionals, and Representative from the property management industry
Quota	50 people (If enrollment exceeds this limit, priority will be given to the 1 st enrollment staff member of each unit)
Language	Cantonese

Interested parties are invited to complete the online registration by the application deadline. For any further information, please contact our Policy Research and Advocacy Team (Email: sd@hkcss.org.hk)

We look forward to your participation! Thank you!

Encl

Rundown of Sharing Session (Chinese only)

附件：交流會流程

時間	內容
2:30 – 2:40	交流會背景及目標簡介（社聯）
2:40 – 3:25	嘉賓分享：社區的精神健康需要的觀察 ● 精神健康綜合社區中心(ICCMW) 莫綺文 (Eva) 浸信會愛羣社會服務處 精神健康綜合服務 服務總監 陳國溪 (Benson) 香港心理衛生會 總幹事 ● 僱員支援服務(EAP) 吳慧琪 (Wicky) 基督教家庭服務中心 盈力僱員服務顧問 主管 ● 社會房屋支援隊 劉錦威 (Paul) 同心村元朗東頭過渡性房屋項目 服務總監 ● 物業管理業界 梁偉成 (Bevis) 富城集團 副董事總經理 簡單總結與回應
3:25-4:10	焦點議題交流： • 議題一：深化醫社協作與個案銜接機制（優化資訊互通與跟進流程） • 議題二：動員社區第一線守門人（屋邨/商場物管人員的識別、溝通與應變培訓） • 議題三：跨界別資源整合（簡約公屋/過渡性房屋社工隊與僱員支援服務之協同效應）
4:10 –4:30	凝聚政策建議與跟進方向